

FCT Training

Training for FCT entails a comprehensive and sophisticated on-line and field based competency program known as the **Wheels of Change© (WOC)**. The WOC is com-



posed of multiple components which require satisfactory completion to achieve certification in FCT.

Stages of training are designed to address:

Knowledge and theory,

FCT core skills area development,

Practical utilization in the field.



Questions?

We would love to talk to you!



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FAMILY CENTERED TREATMENT®



An evidence-based model of in-home family therapy, designed for use by family preservation program providers.

About Family Centered Treatment®

Family Centered Treatment (FCT) is an evidence based (OJJDP Model Programs Guide) family preservation model of home based treatment owned by a private non-profit organization devoted to the preservation of families through research, training, and development. FCT is a researched and viable alternative to correctional facility placement, residential placements, hospitalization as well as other community based services.

A distinctive aspect of FCT is that has been developed as a byproduct of front-line practitioners' effective practice. Over the past 22 years FCT has been gradually formalized into a model of home based treatment that has practice based evidence and evidence based practice shown to lower rates of out of home placements.

In 2012, FCT was formally listed as an intervention for review by SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP).



Results and Outcomes

Data collection, analysis, and results are what drive Family Centered Treatment's advancement.

The following overall outcomes are highlighted for FCT services:

Successful Engagement: 97% of clients/families have more than 5 direct contacts with their FCT practitioner.

Keeping Families Together: 90% of clients who complete treatment maintain their family placement, are reunified with their family, or are successfully transitioned into independent living.

Treatment Goals: 90% of families report positive progress toward their primary treatment goal

Cost Effectiveness & Cost Savings

In a major published 4.5 year study, FCT saved \$12.3 million in residential placement costs in just one state!

Additionally, FCT as an Evidence-based Model has demonstrated significant cost savings for providers. Compared with other major evidence based models, FCT can have significantly lower rates for startup, implementation, and licensing.

FCT Methodology

The core practice components required by practitioners of FCT have evolved dramatically since the inception of the model in 1988. This has occurred because the key components of the model have been developed or integrated as front line practitioners' experiences precipitated changes or additions.

While the methodology and process of FCT has many distinct aspects, the resulting primary components are simple and share comparable elements to other evidence based models:

